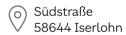


FOREST I CITY ACTIVITIES



Parktheater Iserlohn



Theatre is food for the soul! With musicals, classical concerts, cabaret, comedy, drama, and more, the Parktheater Iserlohn offers a colorful potpourri of cultural events for young and old - uniquely diverse.

PRE-SALE TICKETS



+49 2371 217-1819



www.parktheater-iserlohn.de



Jazzclub Henkelmann

Obere Mühle 46-50 58644 Iserlohn

The Jazzclub Henkelmann combines jazz, funk, blues, rock, disco and party under one roof. Here, music is lived and loved!



+49 151 25262526



www.jazzclub-henkelmann.de



Bahnsteig42 Café and Culturestation



At the Bahnsteig42, every taste is catered for - with delicious dishes, from breakfast and "snacks to go" to hot lunchtime meals, as well as top-notch cultural entertainment including readings, exhibitions, concerts, cabaret and tastings.



+49 2374 9230702



www.bahnsteig42.de



Filmpalast Iserlohn

Kurt-Schumacher-Ring 1-3 58636 Iserlohn

At the Filmpalast, not only successful blockbusters are shown, but also specialist categories hit the screen: from films about family, women and elderly to animes and "The church and cinema"



+49 2371 774401



www.iserlohn.filmpalast.de



Musik School Iserlohn

Gartenstraße 39 58636 Iserlohn

Von-der-Kuhlen-Str. 14 58642 Iserlohn-Letmathe

For those who wish to learn an instrument or experience outstanding concerts are at the right place, in the Music School Iserlohn / Letmathe!

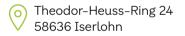
Iserlohn: +49 2371 217 - 1953 +49 2374 - 15702 Letmathe:



www.iserlohn.de/kultur/musikschule



The municipal gallery



The municipal gallery in the Von-Scheiblerschen-Haus is the meeting point for all lovers of art from around the region. We inspire our visitors with an ever changing programme of internationally recognised graphic and contemporary artists.



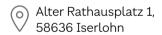
+49 2371 217 - 1972



www.galerie-iserlohn.de



City Library Iserlohn



With around 80,000 physical and 100,000 e-media, the City Library situated at the old Town Hall in the city center and Letmathe, make a significant contribution to education and entertainment in Iserlohn.



+49 2371 217 - 1925



www.stadtbuecherei-iserlohn.de



City Library Subsiduary Letmathe

Haus Letmathe
Hagener Straße 62
58642 Iserlohn



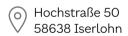
+49 2374 852880



www.stadtbuecherei-iserlohn.de



Gallery Eryka Schulok



The Gallery Schulok showcases various exhibitions with a focus on Eastern European art.



+49 2371 13458



www.galerie-schulok.de



Gallery in the Parktheater



The gallery in the Parktheater is a ,temporary home' for a variety of works and exhibitions, serving as a place of inspiration for all art lovers.



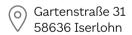
+49 2371 217 - 1911



www.parktheater-iserlohn.de



Villa Wessel



Not only is the prestigious building worth a visit, but also the high calibre exhibitions held within "the Villa Wessel".



+49 2371 14238



www.villa-wessel.de



Art in public spaces

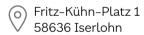
For those who walk through the city with open eyes will notice and be attracted to the many sculptures and statues found in public places around the city. Whether it's the Young Resting Sappho,' The Swinging Couple,' Head and Hand,' or The Big Head' – they all shape the cityscape, yet few know the stories behind them.

Let the sculptures speak to you and read more about them here:





City Museum Iserlohn



Spread over three floors, regional and city history can be experienced - historical objects and authentic reconstructions allow visitors to immerse themselves in times gone by.



+49 2371 217 - 1960 und 1964



www.stadtmuseum-iserlohn.de



City Museum Haus Letmathe



The Museum Haus Letmathe showcases life in Letmathe in past gone times – artifacts from Burgberg unite with agricultural machinery and rural, cultural heritage, as well as Letmathe's history of transport and the industrial past.



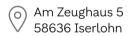
+49 2371 217 - 1960 / 1961 / 1963



www.museum-haus-letmathe.de



Museum of Craft and Postal History



In the former Mastesches Fabrikhaus, an extensive collection showcasing the rich and diverse past of Märkischer craftmanship, together with 250 years of postal and telecommunicational history are brought to life.



+49 151 20125059



www.fim-iserlohn.de



Hemberg Museum Iserlohn

Alexander-Pfänder-Weg 7 58636 Iserlohn

Topics such as archaeolgy, paleontology, marine biology, and environmental protection have a permanent place in the museum at the Hemberg school center, inspiring both young and old to reflect



+49 2371 438750



www.iserlohn.de/kultur/weitere-museen-in-iserlohn



Historical factory complex Maste-Barendorf

Baarstraße 220 - 226, 58636 Iserlohn

Village and factory - nature and industry. The artist and museum village of Barendorf harmoniously combine these apparent opposites. It is "the" industrial-cultural monument of Iserlohn and at the same time the venue for numerous cultural events.



+49 2371 217 - 1960 und 1964



www.museum-barendorf.de



Varnhagen's Library



The private family library of the Varnhagen family houses numerous prints and writings from the period between the 15th and 18th centuries.



+49 2371 7950



www.iserlohn.de/kultur/museen



Historical Grain Distillery Bimberg



Lenninghauser Weg 1 58640 Iserlohn

Here, not only do fruit and grain come together to create delicious spirits, but vistors also can learn the history of Gut Lenninghausen and agricultural distilleries.



+49 2378 2210



www.brennerei-bimberg.de



City Archive Iserlohn



Located in the building of the "Alte Post" (Situated in the "Alte Post") lays the "Memory City" - the City Archive. Official documents, legacies, photographs, company and association records, as well as newspapers, serve as a witness to the times.



+49 2371 217 - 1921



www.stadtarchiv-iserlohn.de



East German Heritage Rooms and Ohlau Homeland Museum

Hagener Straße 20 58642 Iserlohn

A comprehensive collection of cultural heritage from East Prussia, Pomerania, Silesia, and the Danube region finds a home in the "East German Heritage Rooms.



www.iserlohn.de/kultur/weitere-museen-in-iserlohn



German Cave Museum Iserlohn

Dechenhöhle 5 58644 Iserlohn

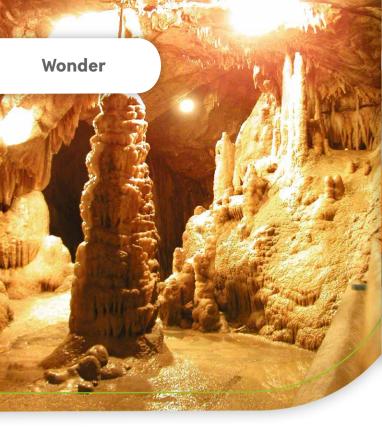
In the German Cave Museum at Dechenhöhle, visitors can delve into the history of cave worlds, geology and the Ice Age. An insight to interesting facts about cave research and life is an experience not to be forgotten.



+49 2374 71421



www.dechenhoehle.de



Dechenhöhle - Dripstone Cave



The Dechenhöhle fascinates with its breathtaking world of stalactites. Glittering crystals, crystal clear water, incredible limestone formations, amusing patterns and shapes delight visitors young and old from near and far.



+49 2374 71421



www.dechenhoehle.de



SASE - A collection of urban sanitation and waste disposal vehicles



Max-Planck-Straße 11 58638 Iserlohn

Here we see how urban sanitation and waste disposal has developed through the ages, combining such topics as environmental protection and waste education.



+49 2371 953990



www.sase-iserlohn.de



Brass Foundry in the Historical Factory Complex Maste-Barendorf

Baarstraße 220–226 58636 Iserlohn

The heat of the furnace, the smell of melting metal, and a fascinating end product make each brass casting demonstration unique. Here in Barendorf, industrial history is authentically lived and experienced.



+49 2371 217 - 1960 / 1961 / 1963



www.museum-barendorf.de



Floriansdorf - City of Iserlohn

(Zentrum für Sicherheitserziehung und Aufklärung Stadt Iserlohn) Dortmunder Straße 112 58638 Iserlohn

Blue lights and fire fascinate all children alike. In Floriansdorf, even the youngest learn how to handle fire safely and what to do in case of a fire.



+49 2371 806750



www.floriansdorf.de



Lenne Promenade in Letmathe



Parallel to the Lennedamm

Have you ever strolled along the Lenne Promenade? No? Then head to Letmathe - walk along the Lenne, watch the ducks bathing, and take a short detour into the Letmathe city center.



Volksgarten Letmathe Park

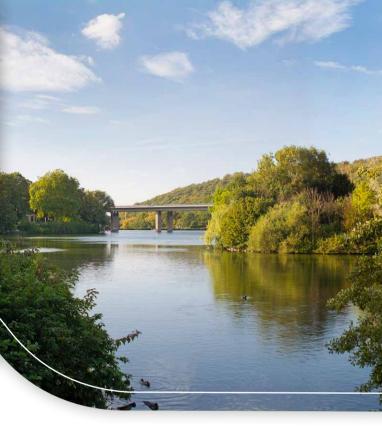


Sport, fun and games - that's what distinguishes the Letmathe Volksgarten. The spacious park with the concert shell, large duck pond, sports utilities, two playgrounds, boules courts, and numerous seating areas is a meeting place for young and old.



Recreational Area Kesbern

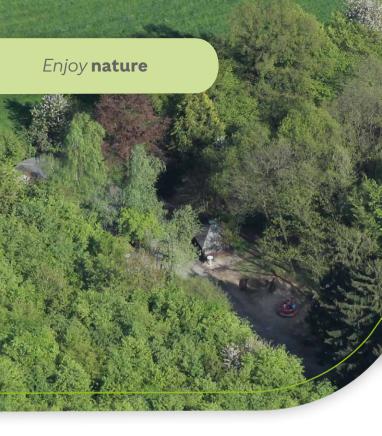
The Kesbern Heights are ideal for an active holiday or a short getaway right on your doorstep. Numerous short walks offer idyllic natural pleasure for all those seeking tranquility.



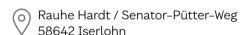
Recreational Area Seilersee



The Seilersee is Iserlohn's sports and leisure area. The area around the reservoir offers swimming pools, ice rink, mini golf, boules courts, a bird aviary, playgrounds, pedal boat rentals, cycling and numerous hiking trails in the idyllic Seilerwald, as well as culinary delights - leisure activities and relaxation included.



Recreational Area Dröschede



The Dröschede recreational area is a popular destination for young and old. Somewhat secluded and quiet in the forest, numerous play opportunities and a barbecue cabin await those seeking relaxation.



+49 157 - 56041954



www.heimatverein-dorf-droeschede.de



Environmental Education Trail

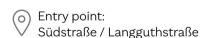
Entry point: Südstraße/Ecke Frauenstuhlweg (below the University of Applied Sciences) 58644 Iserlohn

The Environmental Education Trail at Fröndenberg offers interesting information for both children and adults. Here along a three kilometer trail urban woodlands and its wild life can be explored.



Sauerland Forest Route

Long-distance hiking trail from Iserlohn to Marsberg, 240 km



Considered as a legendary and mystical walk: The Sauerland Forest Route starts in Iserlohn via Arnsberg then on to Marsberg captivates walkers with it's various mythological sites.



www.sauerland-waldroute.de



Sauerland-Soaring

Long-distance hiking trail from Meinerzhagen to Korbach, 250 km

Is the highest rated hiking trail in the Sauerland region: The Sauerland-Soaring. One leg of this popular trail passes over Hegenscheid, located at a height of 473 meters above sea level, promises outstanding views all the way to the Ebbe Mountains. Only flying is better! - By the way, that's possible too: with a sightseeing round trip flight from Hegenscheid Airfield.



www.sauerland-hoehenflug.de www.flugplatz-hegenscheid.de



The Wire Trade Route (Drahthandelsweg)

Themed hiking trail from Iserlohn via Altena (15 km) to Lüdenscheid, 32 km

As an industrially historical hiking trail, the 32-kilometer Wire Trade Route connects the cities of Iserlohn, Altena, and Lüdenscheid. At various points along the route hikers are shown the history of the wire traders and their difficulties along the way. The trail can be walked in two stages.



www.drahthandelsweg.de



Hiking Trail Altena Castle - Dechenhöhle

The route connects two of the most popular attractions in the region: Altena castle above the river Lenne and the Dechenhöhle in Iserlohn. Impressive panoramic landscapes reward walkers for their efforts on this challenging route.





Hiking in Iserlohn

The approximately 200-kilometer-long and very dense network of hiking trails around Iserlohn invites you to walk on numerous well-marked paths. For those who do not want to soley rely on the sign posts, hiking maps are available in the tourist information office at the city's train station.



www.iserlohn.de/stadtmarketing-tourismus/ wandern-radfahren



RuhrtalRadweg

The family-friendly long-distance cycle path offers 240 km of cycling pleasure. Following the river Ruhr, it skillfully combines sports, nature, and culture.



www.ruhrtalradweg.de

In September 2021, the first Iserlohn garaged parking facility for bicycles was opened. It offers 28 secure and affordable bicycle parking spaces, as well as 12 lockers. Each locker is equipped with an e-bike charging station.



Ruhr-Lenne-Achter

Length: approximately 67.5 km

Difficulty: low gradient

The Ruhr-Lenne-Achter connects the Sauerland and the Ruhr area with a charming, flat leveled 70-kilometer cycling route. Following the rivers and streams of the region it promises a family-friendly sport and nature experience with industrial-cultural charm. By the way, there is also an exciting audio tour available for the Ruhr-Lenne-Achter. Give it a listen!







www.radeln-nach-zahlen.de



Cycle path Baartal/ Ruhr reservoir

0

Start and Finish at Seilerseebad, Seeuferstraße 26, 58636 Iserlohn

Length: approx. 32 km Duration: 3 to 4 hours

Difficulty: easy, family-friendly
Route: Barendorf - Baar Valley -

Ruhr Valley - Hennen - Kalthof -

Barendorf

From the Seilersee, the family-friendly round trip passes by Barendorf on to the Ruhr Reservoir and back. The 32 kilometers can be easily pedaled and promise natural enjoyment with beautiful spots along the way to take a short break in the country-side

7.4



Dirt-Bike-Park in Letmathe

At Pater und Nonne 58642 Iserlohn (below the district railway bridge)

The Dirt Bike Park in Letmathe is located directly on the Lenne River near the rock formation "Pater und Nonne" (Father and Nun). On a 4,800 m² pump track and two dirt lanes, children and teenagers can have fun on their bikes.



EisenWaldTrails

Starting point:
Parking lot Schmelzplatz
Danzweg, 58644 Iserlohn

The topography and landscape in the city forest are ideal for the trend sport of mountain biking. Whether it's "Schmelzbahn" or "Drahtrolle," downhill mountain bikers will find something to suit their tastes.



Bismarck tower 338 m above sea level



Seilerwald

The Bismarck Tower in Seilerwald is 338 meters above sea level and can be visited at any time; however to go inside and climb, prior arrangements must be made with the city information center.



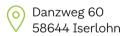
+49 2371 217 - 1820



stadtinfo@iserlohn.de



Danzturm, 384.5 m above sea level



The Danzturm is the city of Iserlohns major land-mark, situated in the middle of the city forest, at a height of 384.5 meters above Sea level it offers breathtaking panoramic views extending to the Hellweg, it is a popular destination for all.

Access to the tower is only possible when the panoramic restaurant is open.



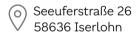
🤍 +49 2371 - 778234



www.danzturm-iserlohn.de



Seilerseebad



Escape from everyday life - enjoy the salt water and sports pool as well as a relaxing time in the sauna! Physiotherapy, massages and an array of various courses make up for a great time in cooling waters.



+49 2371 8071712



www.seilerseebad.de



Aquamathe



Aucheler Straße 4 58642 Iserlohn

The Letmathe indoor swimming pool attracts sports and recreational swimmers, while the sauna promises wellness for body and soul. Various courses complete the offer.



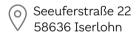
+49 2374 2340



www.aquamathe.de



Outdoor Pool Schleddenhof



Summer, sun, sunshine - you want to be at the outdoor pool! A 50m sports pool, fun area with slides and water games with two beach volleyball courts offer fun for young and old alike.



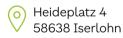
+49 2371 62002



www.issv.de



Outdoor Pool Heidebad



Into the cooling waters!

A large aquatic landscape with competion sized water polo, and non-swimmer pools, as well as a childrens playground and waterworld features a huge waterslide, soccer field, bocce, beach volleyball courts and a large sunbathing area promise sport, fun and games, offering total relaxation for the summer at the Heidebad.



+49 2371 30660



www.i95.de/freibad



Leisure facilites in der Läger

In der Läger 1 58644 Iserlohn (Einsteinstraße)

With an area of 9.300 m² the Läger is a pur magnet for leisure, here awaits a 600 m² large playing field with ball-catching fence, small field goals and basketball hoop, as well as a fitness area, parkour circuit, climbing wall, skateboarding & BMX facility for all sport enthusiasts. Young children can enjoy themselves at the playground with mud tables and water barrages.



Skateboarding in Iserlohn

A paradise for skateboarders, inline skaters, and BMX riders: The skateboard facilities around the city offer ramps and banks of varing difficulty, inviting daring, but hopefully not reckless moves.

Skateboard Anlage Letmathe Aucheler Straße 58642 Iserlohn (under the BAB bridge)



Halfpipe
Skatepark Seilersee
Seilersee (under the BAB bridge)



Mini Golf Course at Seilersee

Seeuferstraße 40 58636 Iserlohn

The mini golf course at the Seilersee offers the opportunity for a small sporting duel whilst putting in a rustic atmosphere. There's an onsite restaurant "Wilde Ente" (Wild Duck) where golf balls and clubs are provided.

Opening hours: Mo I Tue: closed

Wed | Thu: 3 pm - 10 pm Fri | Sat | Sun: 12 pm - 10 pm

+49 2371 972123

www.vierjahreszeiten-iserlohn.de/de/minigolf



Ice Skating Rink Balver Zinn Arena Iserlohn



Whether it's ice skating or curling, ice disco or other events, the ice skating rink at the Seilersee offers a diverse sports programme. For those who prefer to watch rather than skate themselves, should attend a game of the Iserlohn Roosters, the terror of the ice hockey league because then the skating rink transforms into the "hell on ice at the Seilersee".



+49 2371 20016



www.eissporthalle-iserlohn.de



Playgrounds in Iserlohn

There are over 100 playgrounds and sports fields around the city - all differently equipped and therefore a magnet for both big and small children, as well as teenagers. Where they are and what they hide?

Can be discovered here:



... or get the current playground brochure with all the data and facts in the tourist information office at the city train station. Let's go, discover your Iserlohn playground world!



Boat Rental at Seilersee



Once around the Seilersee? Anyone can do that! But over the water? That's possible too - with a paddle boat! Up to four people can ride along and enjoy the idyllic scenery on the water. Paddle boats are available at the boat hire on the lakeside.

Opening hours: Mon - Sun: 12:30 pm - 7:30 pm



+49 173 2832874



All shopping enthusiasts will get their money's worth at the city center in Iserlohn. Lined up together and streching through the heart of the city center are a number of large fashion houses, small boutiques and long established merchants as well as choice culinary highlights to be found. There is also much to be discovered in the town centres of Lemathe and Hennen

There are a number of multi-story car parks situated in the immediate vicinty of the city center providing numerous parking options.

Further information can be found here:





"As you make your bed, so you lie" … and in Iserlohn, its so easy to to find peaceful rest.. Tourists and visitors can start their day in first class hotels, enjoying delicious meals and taking advantage of a vareity of wellness services. For those who prefer not to comply to given breakfast times, can enjoy their own routine in cozy furnished holiday apartments. There are also four camp sites for campers and RV enthusiasts, for those who wish to be independant and feel free to explore the natural beauty offered in the Sauerland region.

For further information, you can find a list of accomadations with all the important information and contacts in our **Iserlohn city information office situated at the train station.**



When the smell of fresh cheese and sausages, warm bread and baked fish drifts through the city center and fruits & vegetables shine in bright colors, then it's a weekly market! Regional and fresh products await customers at the local weekly markets, which also provide a large selection of plants and textiles.

Iserlohn

Marktplatz, Wasserstraße, Am Dicken Turm, Turmstraße

Wednesday 7 a.m. – 1 p.m Saturday 7 a.m. – 2 p.m

Letmathe

Overwegstraße, below the Neumarkt Saturday 7 a.m. – 1 p.m

Hennen

Hennener Bahnhofstraße und Marktplatz

Thursday 2 p.m. – 6 p.m



On the city of Iserlohn website you will find lists of the various clubs, sport associations and facilities. Simply scan the QR codes:

Clubs & Associations



Sports facilities



Would you like to be part of the next edition of **FOREST I CITY I ACTIVITIES**? Please contact Stadtmarketing Iserlohn on 02371 217 - 1820 or stadtmarketing@iserlohn.de. with your suggestion.





Touristinformation

Bahnhofsplatz 2 D-58644 Iserlohn



+49 2371 217 - 1820



stadtinfo@iserlohn.de



www.iserlohn.de

We also provide:

- Pre-sale tickets for the Parktheater and other events in Iserlohn
- general tourist information (City tours, touristic maps, cyclist and hikers maps, etc.)
- Sale of various merchandise items from Iserlohn

Editor:

City of Iserlohn The mayor 41/7 – City Marketing Schillerplatz 7 D-58636 Iserlohn



stadt.iserlohn



Stadt Iserlohn

